

FELSHAM + GEDDING

march 2025

VILLAGENEWS



NEXT COPY DATE: 21 MARCH 2025

Please be aware that items submitted after the deadline cannot be guaranteed to appear in the magazine.

COPY SUBMISSIONS

Email: fgvillagenews@gmail.com
or call Gwen on her landline
01449 737355

ADVERTISING

Email:
fgvillagenewsadverts@gmail.com
or call Gwen on her landline 01449
737355

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

The Village News welcomes your feedback. Do you have any comments about what we do, what's going well, anything you'd like us to change?

NEWSLETTER GENERAL POLICY

We do publish acknowledgements, articles of general interest, artistic works and similar.

We do publish factual material from recognised organisations.

We do publish to the Village Website at

<http://felsham.onesuffolk.net>

We do not publish defamatory, rude, blasphemous, racial or other inappropriate material.

We reserve the right to edit contributions to suit publication needs.

We are reliant on contributions from many sources, taken in good faith, and cannot be held responsible for any errors or omissions.

Copyright waiver is presumed implicit on all submissions unless clearly stated otherwise

Thank you for reading our
Village News, please let
us know of any
additional information
you would like us to
include.....

Contents of this Edition of the Felsham and Gedding Village News

Table of Contents

<i>Welcome</i>	5
<i>Recipe – Vegan Garlic Lemon Pasta with Spinach and Cherry Tomatoes</i>	6
<i>Citizens Advice</i>	11
<i>What’s on this month</i>	14
<i>Calendar</i>	16
<i>Cockfield Benefice Services and Events</i>	19
<i>Bradfield Woods in March</i>	22
<i>Lessons from the Wild</i>	23
<i>Bus timetable</i>	24
<i>Puzzle answers</i>	24
<i>Advertisements</i>	26
<i>Village Directory</i>	32

Welcome to this edition of the Felsham and Gedding Village News.

Welcome to the March edition of the Gedding Village News!

As we transition from winter's embrace to the gentle stirrings of spring, our village begins to awaken with vibrant life. The first daffodils are peeking through the soil, heralding the season of renewal.

March brings a tapestry of celebrations and observances:

- **St. David's Day** (March 1st): Honouring the patron saint of Wales, it's a time to don daffodils and leeks in tribute.
- **World Wildlife Day** (March 3rd): A global occasion to appreciate and protect the diverse flora and fauna that enrich our planet.
- **International Women's Day** (March 8th): Celebrating the achievements of women worldwide and advocating for gender equality.
- **St. Patrick's Day** (March 17th): A festive day commemorating the patron saint of Ireland, marked by parades and the wearing of green.
- **Mother's Day** (March 30th): A special day to honour and cherish the mothers and maternal figures in our lives.

In this month's Wellness Page, we continue our journey through nature's teachings, drawing inspiration from the majestic lions of Africa. Their balance of strength and rest offers profound lessons for our own well-being.

As the days grow longer and the air fills with the promise of spring, we encourage you to immerse yourself in the beauty surrounding us. Whether it's a leisurely stroll through the blooming countryside or participating in village events, let's embrace the season together.

Warm wishes,

Corina Zanner-Entwistle

Recipe – Vegan Garlic Lemon Pasta with Spinach and Cherry Tomatoes

Here's a quick, seasonal vegan recipe that's perfect for March—a time when fresh greens and bright flavors come into season. Enjoy this Vegan Garlic Lemon Pasta with Spinach and Cherry Tomatoes!

This dish is light, flavourful, and highlights the fresh, early spring produce typical for March. It comes together in about 20 minutes, making it a perfect weekday meal that's both satisfying and nutritious. Enjoy your meal!

Instructions

1. Cook the Pasta:

Bring a large pot of salted water to a boil. Cook the pasta according to the package directions until al dente. Reserve about 1/2 cup of the pasta water, then drain.

2. Sauté Aromatics:

While the pasta cooks, heat the olive oil in a large skillet over medium heat. Add the minced garlic and sauté for about 1 minute until fragrant (be careful not to burn it).

3. Add Tomatoes:

Add the halved cherry tomatoes to the skillet with a pinch of salt. Cook for 3–4 minutes until the tomatoes begin to soften and release their juices.

4. Incorporate Lemon:

Stir in the lemon zest and juice. This brightens up the dish and pairs perfectly with the tomatoes.

5. Wilt the Spinach:

Add the fresh spinach to the skillet. Toss until it wilts, which should take about 1–2 minutes.

6. Combine with Pasta:

Add the cooked pasta to the skillet. Toss everything together, adding reserved pasta water a little at a time to create a light, silky sauce. Season with salt and pepper, and add red pepper flakes if you like a little heat.

7. Finish and Serve:

If desired, sprinkle chopped fresh basil and nutritional yeast or vegan Parmesan over the top. Serve immediately and enjoy!

Ingredients

- **Pasta:** 8 oz of your favourite pasta (spaghetti, penne, or linguine work well)
- **Olive Oil:** 2 tablespoons
- **Garlic:** 4 cloves, minced
- **Cherry Tomatoes:** 1 pint, halved
- **Spinach:** 3 cups fresh baby spinach (or mixed greens)
- **Lemon:** Zest and juice of 1 lemon
- **Salt & Pepper:** To taste

Optional Extras: A pinch of red pepper flakes for heat, fresh basil leaves (chopped), and a sprinkle of nutritional yeast or vegan Parmesan for a cheesy flavour

8. Monthly Puzzles

1		2			3		4		5	6		7
				8								
9			10						11			
		12										
	13										14	
15								16				
17					18			19				
20		21								22		23
24									25			
				26								
27									28			

Across

1: Furious anger

5: Jot

8: Couch

9: Sound a horn

11: Yarn

12: Pretended

15: Squirm through embarrassment

16: Devoted

17: Strikes, raps

19: University grounds

21: For good

24: Den, hideaway

25: Chatter

26: Travels by air

27: Rhyme

28: Greek salad ingredient

Down

1: Red gem

2: Board game turns

3: Neglected state

4: Peril

6: Froth on beer

7: Affectedly quaint

10: Person eating alfresco

11: Will

13: Of water, salty

14: Nose, proboscis

18: Just

19: Transport

20: Peal (of thunder)

21: Conduit

22: Subdue

23: Plant as known as ladies' fingers

Sudoku

						4	6	9
								1
				8	5			2
		3		1	8	7		
8					3	9		
6		5	2					
3		2	1		7			
9								
	8	1	5	2				

University Schedule

It is Paul's first year at University. Help him figure out what tutor he has along with the room number and period.

- 1: The course in room 21 is held 2 periods after the course in room 31.
- 2: The 3rd period lesson is taught by Miss Rayne
- 3: Of Miss Rayne's class and Mr Foster's class, one is in room 17 and the other is held during first period.
- 4: The 2nd period class is either the class in room 17 or Mr Puddle's class

		Room 31	Room 15	Room 17	Room 21	Mr Foster	Mr Gloucester	Miss Rayne	Mr Puddle
Period	1st								
	2nd								
	3rd								
	4th								
Tutor	Mr Foster								
	Mr Gloucester								
	Miss Rayne								
	Mr Puddle								

Room Number	Period	Tutors

Citizens Advice need volunteers!

Mid Suffolk Citizens Advice Bureau currently have opportunities within our friendly, welcoming team of volunteers in our Stowmarket office.

Every volunteer gets something different from their volunteering experience, including the opportunity to:

- make a positive difference to people's lives
- improve self-esteem, confidence and wellbeing
- gain invaluable work experience
- receive high-quality training and develop new skills
- use existing skills and knowledge to benefit the local community
- meet new people from a range of backgrounds
- feel valued and part of a team
- change the way things work for the better

If you can spare a bit of time, please get in touch for an informal, no obligation chat on 01449 676060 or visit midsuffolkcab.org.uk/volunteer

Citizens Advice Mid Suffolk can provide in depth advice on this issue and much more, including debt, finances, employment, benefits and family/relationships. You can contact them by phone on 01449 676060, visit in person at Milton House, 5 Milton Road South, Stowmarket IP14 1EZ or use the contact form at midsuffolkcab.org.uk/contact-us. Opening hours are Monday-Thursday 9.30am – 3.30pm and Friday 9.30am – 12.30pm.

FELSHAM & GEDDING VILLAGE HALL SOCIAL CLUB
PRESENTS A FILM EVENING
ON

SATURDAY MARCH 8TH

CONCLAVE

A dramatic thriller set in Rome
2024
PG 12

The film show starts at 7.30 pm and the bar and hall
will be open from 7pm
New members and guests are very welcome to join us

VILLAGE FRIENDS

an over 65's friendship group

The next meeting will be on
Thursday 20 March

at Felsham and Gedding Village Hall

If you would like to come please contact:

Canon Sharon 01284-828599 or 07825 086063 revsharon2@gmail.com

(drivers are able to provide lifts, just let Canon Sharon know)

Organised by the Cockfield Benefice

??



FELSHAM AND GEDDING VILLAGE HALL

SATURDAY 29TH MARCH 2025

COST - £5 PER HEAD

UP TO 6 PER TEAM - WE WILL ALLOCATE YOU TO A TEAM IF NEEDS BE

HALL OPENS 7PM - QUIZ STARTS AT 7.30

6 BOTTLES OF WINE FOR WINNING TEAM

TICKETS FROM THE SHOP OR ANDREW CONQUEST ON 01449 737619

??

BAR AND NIBBLES

**MC/
QUIZMASTER
MARK
CRAWFORD**

What's on this month



Shrove Tuesday 4th March, 2:30 to 5:30 pm Felsham Village Hall

It's okay, you didn't miss it...

You are invited to join the Village Hall Fund Raising event in aid of our great Community Store. Delicious pancakes for your delight, please show your support and enjoy this fun social event.

SATURDAY 8TH MARCH – Movie Night in the Village Hall, 7:30 pm
Conclave 2024 – Murder, mystery and espionage, with an impressive group of actors. A fascinating glimpse into the secretive world of the Vatican.

SATURDAY 29TH MARCH – Quiz Night in the Village Hall

Put the date in your diary and get your team ready. You love the Pub Quiz nights, just transfer your team to a Saturday night from the Pub Quiz on Thursday 27th.

The hall opens at 7pm and quiz commences at 7:30 pm. There's a max of 6 people per team, singles and couples will be allocated to a team, everyone welcome.



6 bottles of wine for the winning team.

Tickets available from the Village Store & Andrew Conquest on 01449 737619

Whist Drive continues every third Friday each month, 7:15 for a 7:30 pm start.

Carpet Bowls & Table Tennis - Alternating Wednesday evenings

Village Friends Lunch Club - Details available in our Diocese update.

Six Bells, Felsham:- Please see the regular events in the months calendar.

What else can we expect from the month of March and beyond?

- By Saturday 29th March, Sunrise will be 05:39 & Sunset 18:26
- British Summer Time, clocks go forward 1 hour Saturday night
- On Sunday 30th March, Sunrise will be 06:36 & Sunset 19:28
- Thursday 8th May 2025 – VE Day, Victory in Europe – 80 years ago. Please keep the date, possible plans in the village.

- Lavenham Village, Farmers Market – Sunday 23rd March, 2025.
- Lavenham Church on the 8th March – Voodoo Room – Celebrating these amazing artists with a night of Hendrix, Clapton & Cream. 01256 416384 – Doors open at 18:45 pm.
- Lavenham Guildhall, will have free entry on Saturday March 15th and Sunday March 16th, as well as Wednesday March 19th & Sunday March 23rd.

- Ickworth Estate is offering free entry for one adult and up to four children from Saturday 15th March until Sunday 23rd March.













- Sutton Hoo is the final Suffolk attraction taking part in this offer of free entry from Saturday 15th March until Sunday 23rd March.

Venues in Bury St Edmunds offering a variety of entertainment :-

Apex www.theapex.co.uk 01284 758000

The Theatre Royal 01284 769505

Hunter Club for a variety of music and events. T: 01284 723101
www.hunterclub.org.uk













Monday	Tuesday	Wednesday	Thursday
3	4 Shrove Tuesday (Pancake Day), pancakes at VH from 2.30-5.30pm	5  <i>Curry night</i>	6  <i>Pie night for national pie week</i> 
10	11	12  <i>Curry night</i>	13  <i>Bingo</i>  BROWN BIN
17	18	19  <i>Curry night</i>	20  <i>Build A Burger Night</i> 
24	25	26  <i>Curry night</i>	27  <i>Quiz night</i>  BROWN BIN



Fish and Chips Van, Thursdays 5.50-6.30pm @ VH



Fresh Fish from Lowestoft, Fridays at 10.45 in the VH Car Park

Friday	Saturday	Sunday
	1  <i>St. David's Day themed</i>	2  <i>Sunday Roast</i>
7   BLACK BIN	8 F&GVH Social Club film evening – Conclave @ 7pm	9  <i>Sunday Roast</i>
14   GREEN BIN	15	16  <i>Sunday Roast</i>
21  Whist @7.30pm, Village Hall BLACK BIN	22	23  <i>Sunday Roast</i>
28  GREEN BIN	29 Quiz Night at the Village Hall, from 7pm	31  <i>Mothers day roast</i>



Library Van will be in Gedding @10.10, then at Felsham VH @ 11.40



Events at the Felsham Six Bells

WEST SUFFOLK HEALTH FESTIVAL



BETTER HEALTH STARTS HERE!

Join us for the first-ever West Suffolk Health Festival, featuring a range of stalls, workshops and resources to help you feel your best, including:

- Taking care of your mental health
- Pelvic pain and endometriosis
- Healthy ways to lose weight
- Ways to stop smoking and vaping
- Cervical screening advice
- How to eat well on a budget (plus live cooking demonstration)
- Support with exercise and fitness
- And much more!

SATURDAY 1 MARCH
10AM TO 4PM
FREE ENTRY

UNIVERSITY AND PROFESSIONAL DEVELOPMENT CENTRE, 73 WESTERN WAY,
BURY ST EDMUNDS, IP33 3SP

IN COLLABORATION WITH

APOLLO
HEALTH AND SOCIAL CARE

 **Mind**
Suffolk

 **NHS**
West Suffolk
NHS Foundation Trust

 **Abbeycroft**

 **WEST SUFFOLK ALLIANCE**
about people & places

 **NHS**
Suffolk and
North East Essex
Integrated Care Board

Get your FREE tickets here:



NOTES

Cockfield Benefice Services and Events

Dear Friends

As I write this article the sun is streaming through the window, but it is very cold outside. I've been listening to the radio and hearing about how the world's sea-ice has fallen to a record low. The decline of Arctic sea-ice in response to global warming is well established, but it has speeded up in recent years and is a worrying trend for parts of the world whose homes may be flooded more frequently, or even worse, may disappear altogether such as the island of Gardi Sugdubi off Panama's northern coast.

Climate justice is causing anger for many - and should be a source of concern for all. We need to find solutions to prevent the earth from continuing on this trajectory of warming. It angers me too, and I find as I grow older I become more angry, not less, at the injustices and unfairness that I see in this world (I am in danger of becoming a grumpy old woman).

And Jesus was known to become angry. He became very upset when he found the temple at Jerusalem being used as a marketplace, and his angry words boiled over into action as he drove the market sellers out. Without anger change and reform would not happen. Children might well still be working as chimney sweeps, and slavery would still be acceptable in this country if reformers hadn't been upset at the way in which fellow human beings were being treated.

Christians often feel guilty at the powerful emotions they can have, and find it hard to reconcile their feelings with the Christian gospel. But reconciliation is at the heart of the gospel, and Jesus teaches us that we have to look into our hearts and be honest about how we control our emotions. He is not saying that we should pretend not to be angry, but that we should deal with the emotion, before someone gets hurt.

As we move towards Lent, that season in the Church's year where we spend time reflecting on those parts of ourselves that we would rather not show to the world, I pray that we can let go of some of the anger that we feel in our hearts – and make forgiveness our priority. As I heard someone say once, 'a little bit of forgiveness goes an awfully long way.'

Yours in Christ
Canon Sharon

revsharon2@gmail.com

01284-828599, 0825 086063

Cockfield Benefice Services and Events - March 2025

Sunday 2 March Sunday next before Lent	9.30am Holy Communion - Stanningfield 11am Holy Communion - Bradfield St George 6pm Six2seven - Felsham Village Hall
Wednesday 5 March Ash Wednesday	This year we will be gathering as a Deanery: 10am Communion and Ashing at Lavenham or 5pm Communion and Ashing at Elmswell
Saturday 8 March	7 for 7.30pm - 'Healing the hands of Malawi' talk at Bradfield St George Village Hall
Sunday 9 March Lent 1	10am Morning Prayer - Cockfield 11am Holy Communion - Bradfield St Clare 6pm Praise & Worship - Gt Whelnetham
Tuesday 11 March	11am Holy Communion - Felsham
Sunday 16 March Lent 2	9.30am Morning Prayer - Stanningfield 10am Praise God Together - Felsham 10.30am Holy Communion - Cockfield 4pm Evening Prayer - Bradfield St Clare
Thursday 20 March	2-4pm Village Friends at Felsham Village Hall
Saturday 22 March	2-4pm Knit'n'natter at Bradfield St Clare Village Hall
Sunday 23 March Lent 3	9.30am Holy Communion - Gt Whelnetham 10am Worshipping Together - Bradfield St George 10am Communion - Gedding
Saturday 29 March	10am-12.30pm Plant and Tool Sale at Gt Whelnetham Church.
Saturday 29 March	 All children welcome accompanied by parent/carer(s), 3-5pm, Venue tbc
Sunday 30 March Mothering Sunday	10.30am Mothering Sunday Service - Cockfield

A service of Celtic-style Morning Prayer is usually held every Tuesday at Cockfield at 9am and at Stanningfield every Thursday at 9am.

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com



Suffolk Wildlife Trust

Bradfield Woods in March

Spring is on its way! The birds have started singing in earnest and shoots of bluebells and other spring plants are emerging in the woods. Spring is such a lovely time to visit the wood; it changes weekly and there's always something new to see.

By the time you receive this, coppicing will have finished for the winter, and work will have started to remove the timber from the coupe. You will see stacks of timber starting to build near the entrance of the wood.

We have also been busy planning events and courses for the year. There are some new courses and some of our old favourites, as well as holiday clubs, and family activities.

Research has shown us how important connection with nature is for wellbeing, so this year we have introduced Wild and Well sessions across the year, Warden and wildlife walks, as well as Women of the woods. Craft club will also be back in the summer, for those of you who might like to learn some new skills or practice familiar ones.

What's on in the woods in March:

- Sun 16 March Tankard carving course 10am – 4pm
- Thurs 20 March Women of the Woods 6 - 8pm

To find out more and book your place, please go

to: www.suffolkwildlifetrust.org/upcoming-events-bradfield-woods

Lessons from the Wild: What Nature Can Teach Us About Balance and Well-Being (Part 2)

In last month's issue, we explored the wisdom of elephants—their calm strength, deep sense of community, and the power of working together to navigate challenges. This month, we turn to another incredible animal: the lion. While lions are known for their power and dominance, one of their greatest strengths lies in something less obvious—**their ability to rest and recharge.**

If you've ever watched lions in the wild, you might have noticed they spend much of their time lounging in the shade, seemingly doing nothing. But this isn't laziness—it's strategy. After a successful hunt or territorial patrol, lions rest **intentionally**, conserving their energy for when they truly need it. They instinctively understand something we often forget—**you can't be strong if you're running on empty.**

Growing up in South Africa, I was lucky enough to see lions in the wild. What struck me most wasn't their power but their stillness—the way they knew when to act and when to pause. Modern life, even in a village setting, can be exhausting. Between work, family, and community commitments, we often push through tiredness, telling ourselves we'll rest later—but later never seems to come.

I've learned the hard way that waiting until you're completely drained isn't sustainable. Now, when I feel burnout creeping in, I step away for a quiet walk through the fields, pause with a cup of tea in the garden, or simply take a deep breath. Each time, I return with more clarity, proving that rest isn't a luxury—it's a necessity. [Simple Ways to Protect Your Mental Health](#)

✓ **Prioritize Sleep** – A well-rested mind is better equipped to handle stress. A good night's sleep makes all the difference.

✓ **Step Away from Stress** – Take a short walk, spend time in the garden, or simply sit outside and listen to the birds. Even a few minutes can reset your mind.

✓ **Listen to Your Body and Mind** – Like lions know when to retreat and recharge, recognize when you need to rest. Taking a break today can prevent bigger struggles down the road.

Lions remind us that **taking care of our well-being starts with knowing when to rest.** Here in the village, we are lucky to be surrounded by nature's wisdom every day. When we take time to recharge—whether through rest, fresh air, or quiet moments—we feel more in control and better able to handle life's challenges.

So next time you feel overwhelmed, take a lesson from the king of the wild. Step back, recharge, and remember—**rest is not a luxury; it's essential for your mental health.**

Nature is always teaching us, if we take the time to listen.

Bus timetable

To/From Bury St. Edmunds			Mon	Tues	Wed	Thurs	Fri	Sat	Sun
379	Outward	Felsham Six Bells			10.38				
		Gedding Bus Stop			10.41				
		Bury Bus Station			11.07				
	Return	Bury Bus Station, Stand 5			12.55				
		Gedding Bus Stop			13.19				
		Felsham Six Bells			13.22				

Puzzle answers

Quiz answers

Crossword:

Across:

1: Rage 5: Whit 8: Divan 9: Beep 11: Tale 12: Simulated 15: Cringe 16: Doting 17:

Knocks

19: Campus 21: Permanent 24: Lair 25: Talk 26: Flies 27: Poem 28: Feta

Down:

1: Ruby 2: Goes 3: Disuse 4: Hazard 6: Head 7: Twee 10: Picnicker 11: Testament

13: Briny 14: Snout 18: Simply 19: Convey 20: Clap 21: Pipe 22: Tame 23: Okra

Logic quiz "University Schedule"

Mr Puddle Room 31 2nd Period

Mr Foster Room 15 1st Period

Miss Rayne Room 17 3rd Period

Mr Gloucester Room 21 4th Period

Sudoku

5	2	8	3	7	1	4	6	9
7	3	9	4	6	2	8	5	1
1	4	6	9	8	5	3	7	2
2	9	3	6	1	8	7	4	5
8	1	4	7	5	3	9	2	6
6	7	5	2	9	4	1	8	3
3	6	2	1	4	7	5	9	8
9	5	7	8	3	6	2	1	4
4	8	1	5	2	9	6	3	7



You are invited to a fundraising talk in aid of **Little Whelnetham Church**

Healing the Hands of Malawi

an illustrated talk by Tony Barabas

Consultant plastic & hand surgeon in the NHS Cambs. formerly of Little Whelnetham

The LION project:

a 5 year plan introducing hand surgery to Malawi

Saturday 8 March 2025

7 for 7.30

Bradfield St George Village Hall, IP30 0AS

Tickets £20 Including a 2 course hot meal

Bar and raffle

Available from

Jan Golding: janblof@aol.com 07768180695

Steve Smith: 01284 388311 calafell@btinternet.com

Alix Barabas: 01284 386305 alixbarabas@hotmail.com

Please advise of dietary requirements when booking.



Taylor's Solid Fuels LTD

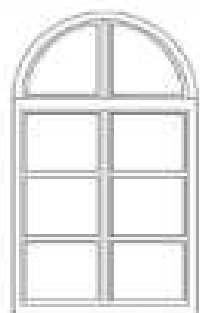
Family run since 1946

Regular fortnightly Solid Fuel deliveries in your area.
Competitive prices and a full range of products.

"Don't Shiver We Deliver"

Quality top soils and aggregates. Bulk bags and Tipper loads from 1-20 tonnes

Tel: 01842890568 or see us on www.taylorssolidfuels.co.uk



MILES ROLFE JOINERY

Production, Design & Fitting of All
Aspects of Joinery & Furniture

Gt. Finborough • Suffolk

07880 776845 mobile
mrjoinery@live.com

01449 771338 evening
milesrolfejoinery.co.uk

 Follow me on Facebook

Apple Tree Cottage



**Locally Produced
Naturally Reared
Rare Breed**

Goat - Kid

**Available from the Village Shop
and at
Apple Tree Cottage
Lower Green, Felsham**

FELSHAM AND GEDDING VILLAGE HALL

Available For Hire

Large Main Hall

Separate Room

Fully Licensed Bar Available

Fully Equipped Kitchen

Stage Available By Arrangement

Ample Car Parking

Reasonable Rates

For Bookings Call 07830 020287

Wifi Available – Password On Request

THOMAS BEDWIN

Wedding Photographer

*Photographs to relive your
wedding day over and over*

For more information: tjbfoto@gmail.com

AWesome CLEANING SERVICES

- WINDOW CLEANING
- GUTTER CLEARING
- CONSERVATORY ROOFS
- SOFFITS & FASCIAS
- SOLAR PANELS
- PRESSURE WASHING
- ROOF WASHING

Reliable & Professional
Contact Adam for a quote:

07737270967

awesome-clean@hotmail.com

The Reading DoctorTM

BURY ST EDMUNDS

**bespoke reading and
writing tuition**



face to face • online • schools



[@therereadingdoctorburystedmunds](https://www.therereadingdoctorburystedmunds.com)

Contact Louisa 07761 737 649

louisa@therereadingdoctors.com

WOULD YOU LIKE TO RECYCLE YOUR CHRISTMAS TREE?

The Appletree goats would love to help you out!



Please contact Jo and Mark Tavernor on 01449 737793

or simply drop your tree in our driveway at

Apple Tree Cottage, Lower Green, Felsham

Thank you!

**ALL SORTS OF SIGNS & GRAPHICS
FOR ALL SORTS OF BUSINESSES**

Hollybush Farm Rattlesden IP30 0SU
01449 736619 - 07751 084850 - info@randagraphics.co.uk - www.randagraphics.co.uk

Vinyl Graphics
for Walls,
Floors &
Windows

Canvases,
Hemmed
Banners
& Vinyl
Labels

Rigid
Signs on
All Sorts of
Material



Wallpaper,
Posters,
Backlit Films
& POS

Roll-Up
& Pop-Up
Display
Systems

Decals for
Vehicles,
Plant &
Machinery

A N GILLAM

Building,
All aspects of roofing,
chimney work,
Lime plastering & rendering.
Chimney sweep

*Free quotes,
No job too small,*

The Mouse House,
Bradfield St Clare,
Bury St Edmunds,
Suffolk
IP30 0EL

**Tel 01284 388508
Mob 07961 878564**

CHIMNEY SWEEP

ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES
- INDUSTRIAL HETS DELIVERED VACUUM
- FULLY INSURED
- INSURANCE RECOGNISED CERTIFICATES ISSUED
- SPITLESS, QUIET AND FRIENDLY SERVICE
- ALL CHIMNEYS WOOD BURNERS, A/GA, BOILER FLUES SWEEP
- GUILD OF MASTER SWEEPS CERTIFICATED MEMBER



TEL. 01359 232335

SPANISH



Can you order your
"cerveza, vino y tapas?"



I CAN TEACH YOU!

Phone **Andrea**
on **01449 736955**

KUTZ 4 MUTZ



Complete
Professional Dog
Grooming Service

Stress free 1 to 1
appointments

Individual requirements
catered for.

Bathing, drying, clipping, scissoring, hand
stripping, nails, anal gland relief, ear
cleaning.

CALL JAN 07716 034521

1, Manor Cottage, Lavenham
Road, Preston St Mary CO10 9LU

Valley Farm Piano and Cello Tuition



Experienced, qualified
teacher/professional accompanist.

Teaching all ages: beginners to advanced.



Accompanist for concerts, exams, rehearsals.

Contact: Nicola Brazier. GRSM(Hons) ARCM LGSM

Tel: 01449 737458

Mob: 07531795064

Email: nicobraz@hotmail.co.uk

**HOUSE GUARDIAN AVAILABLE
FOR RURAL HOUSE-SITS IN THE BURY ST EDMUNDS
AREA**

Going away for an extended stay?

Want your house safe, secure, and lived in while you're away?

I'm an experienced and trusted house-sitter living in Cockfield and now available for long-term house-sits in 2024.

If you want peace of mind while you're away, get in touch for an initial chat:

Tel: Jo 07834 538 838

Email: info@joburnett.com



**Rothwell's
Carpet Cleaning**

01638 428 060
www.Rothwells.biz

Carpet Cleaning

Stone Floor, Upholstery & Rug Cleaning.

A few points that make us stand out from the others,

Rothwell's has been in business since 1993.

We're an honest local family firm.

Our large truck mounted machines mean more cleaning & drying power for the best results possible.

Members of both the NCCA and TACCA.

We will move the furniture for a thorough clean.

100% satisfaction or it's FREE.

Call Oliver and Max Campbell for expert help today.

Rothwell's, Malting End, Kirtling, Newmarket, CB8 9HH

VILLAGE DIRECTORY		
ALLOTMENTS	tbc	
ST PETER'S CHURCH, FELSHAM	REVEREND SHARON POTTER	01284 828599
ST MARY'S CHURCH, GEDDING	Revsharon2@Gmail.Com	
CHURCH WARDENS	Brian Deards (Felsham)	01449 737364
DOCTORS SURGERY	Woolpit Health Centre, Heath Road,	01359 240298
PHARMACY	Woolpit	01359 242394
F&G COMMUNITY STORE & POST OFFICE		01449 736042
F&G FUEL GROUP	Pawilson4@Btinternet.Com	01449 736330
FACEBOOK	Felsham & Gedding Community	
FAGENDS	Philip Cockell	01449 736272
THE FELSHAM SIX BELLS		01449 258 216
FELSHAM CHARITY	Tricia Wilson Pawilson4@Btinternet.Com	01449 736330
FELSHAM PARISH COUNCIL	Simon Garrod, Chair Isabelle Reece Felshamparishclerk@Gmail.Com	01449 737728
GEDDING PARISH MEETING	Stephen Drury - sdrury@btinternet.com	07946 417828
MEMBER OF PARLIAMENT	Peter Prinsley https://peterprinsley.org/	@parliament.uk
MID SUFFOLK DISTRICT COUNCILLOR	Nicky Willshere Nicky.Willshere@Midsuffolk.Gov.Uk	
COUNTY COUNCILLOR	Penny Otton Penny.Otton@Sufolk.Gov.Uk	01449 736482
MID SUFFOLK DISTRICT COUNCIL	Needham Market	0845 606 6170
PLAYING FIELD	Philip Cockell, Chair	01449 736272
SHELTERED HOUSING	Mid Suffolk District Council	01473 826639
POLICE	Safer Neighbourhood Team One Stowmarket.Snt@Sufolk.Pnn.Police.Uk	101 999 (emergency)
TABLE TENNIS	Adrian King	01449 737495
TREE WARDEN	MARK TAVERNOR, Mtavernor@Btinternet.Com	07512 783887
VILLAGE HALL	Andrew Conquest, Chair Victoria Dillon, Caretaker David Simpson, Bookings	01449 737619 07738 405520 07830 020287
VILLAGE WEBSITES	FELSHAM: Felsham.Onesufolk.Net GEDDING: Gedding.Onesufolk.Net	
WHIST DRIVE	Pat Clarke	01449 736202